

ECKA 25. 17/6-20/6 - 2019

Måndag-Grupp Nihlstorp	Måndag-Grupp Alsenfelt	Tisdag-Grupp Nihlstorp	Tisdag-Grupp Alsenfelt
08:00-09:00: IS	08:00-09:00: IS	08:00-09:00: IS	08:00-09:00: IS
10:00: Teori-Introduktion	10:00: Teori-Introduktion	10:00: Teori	
11:45-12:45: IS	11:45-12:45: Lunch		11:00: Teori
13:00-14:00: Lunch	13:00-14:00: IS	11:45-12:45: IS	11:45-12:45: Lunch
	14:15-15:15: Fys-Albin B	13:00-14:00: Lunch	13:00-14:00: IS
15:30-16:30: IS			14:15-15:15: Fys-Yoga
16:45-17:45: Fys-Albin B	16:45-17:45: IS	15:30-16:30: IS	
		16:45-17:45: Fys-Yoga	16:45-17:45: IS

Onsdag-Grupp Nihlstorp	Onsdag-Grupp Alsenfelt	Torsdag-Grupp Nihlstorp	Torsdag-Grupp Alsenfelt
08:00-09:00: IS		08:00-09:00: IS	08:00-09:00: IS
	09:15-10:15: IS	10:00: Teori	10:00: Teori
10:30-11:30: CCM	10:30-11:30: CCM		
11:45-12:45: IS	11:45-12:45: Lunch	11:45-12:45: IS	11:45-12:45: Lunch
13:00-14:00: Lunch	13:00-14:00: IS	13:00-14:00: Lunch	13:00-14:00: IS
	14:15-15:15: Fys-Yoga	14:15-15:15: Avslutning	14:15-15:15: Avslutning
15:30-16:30: IS			
16:45-17:45: Fys-Yoga	16:45-17:45: IS		
18:00: Aktivitet-Föreläsning	18:00: Aktivitet-Föreläsning		