

FJÄLLRÄVEN CENTER								
VECKA 48								
Datum		McGregor						
Tid	Måndag 27/11	Tisdag 28/11	Onsdag 29/11	Torsdag 30/11	Fredag 1/12		Lördag 2/12	Söndag 3/12
08.00-08.20	HG 07:45-08:15	HG 08:00-09:20	HG 07:15-08:05	HG 07:15-08:05	HG 07:15-08:05			
08.30-08.50	HG	HG	HG	HG	HG	08.30-08.50		
09.00-09.20	HG 08:15-09:20	HG 09:45-10:35	HG 08:15-09:20	HG 08:15-09:20	HG	09.00-09.20		ÖKK
09.30-09.50	HG	HG	HG	HG	HG 08:15-09:20	09.30-09.50		09:30-11:30
10.00-10.20	HG	HG	HG 09:45-10:35	HG 09:45-10:35	HG	10.00-10.20		
10.30-10.50	HG 09:50-11:00	MODO Herr	MODO Herr	MODO Herr	MODO Herr	10.30-10.50		
11.00-11.20	MODO Herr					11.00-11.20		
11.30-11.50		10:45-13:00	10:45-13:00	10:45-13:00	10:45-13:00	11.30-11.50		
12.00-12.20	11:10-12:50					12.00-12.20	Dam HG	
12.30-12.50						12.30-12.50	12:00-13:30	
13.00-13.20	MODO J-20		Lunchhockey		Dam HG	13.00-13.20	[5,6]	MODO Dam-J (5)
13.30-13.50	Match		13:10-14:10		13:00-14:30	13.30-13.50		Match
14.00-14.20	VIK (4,5)				[5,6]	14.00-14.20	MODO J-18	SAIK (4)
14.30-14.50	14:00					14.30-14.50	Match	13:00
15.00-15.20	13:20-13:40	MODO Dam-J (6)				15.00-15.20	Vännäs (4)	
15.30-15.50		15:00-15:50				15.30-15.50	14:30	
16.00-16.20		MODO J-20		MODO J-20	MODO J-20	16.00-16.20	13:50-14:10	
16.30-16.50	MODO J-18	16:00-17:00		16:10-17:10	15:50-16:50	16.30-16.50		
17.00-17.20	16:30-17:30		MODO J-18	MODO Dam	MODO J-18	17.00-17.20		
17.30-17.50	MV-Träning		16:10-17:10	17:20-18:20	17:00-18:00	17.30-17.50		
18.00-18.20	17:40-18:40	MODO Herr	MODO Dam	MODO J-18	MODO Dam	18.00-18:20		
18.30-18.50	MODO Dam-J (5)	Match	17:20-18:20	Match	Match	18.30-18:50		
19.00-19.20	18:50-19:50	Almtuna	MODO Dam-J (5)	Härnösand	LHF	19.00-19:20		
19.30-19.50	MODO Dam	19:00	Match	19:30	19:00	19.30-19:50		
20.00-20:20	20:00-21:00	18:20-18:40	HKH/Kram (4)	18:50-19:10	18:20-18:40	20.00-20:20		
20.30-20:50	Järved A-lag (4)	4,5	19:00	4,5	4,5	20.30-20:50		
21.00-22:20	21:10-22:10					21.00-22:20		